

Geocaching Tips

- Make sure that you let someone know where you will be while geocaching. However, it is always best to hike with a buddy.
- Be sure to wear sturdy hiking shoes and help yourself to a park map.
- Bring water, bug spray, sunscreen and maybe even a snack if you plan to be out for a while.
- Before you stick your hand into a dark hole to check for a geocache, use a stick to check for snakes and other critters.
- Remember that the GPS receiver gives you straight line direction...ignoring lakes, rivers, ravines and mountains.
- The parking fee that you paid on one side, can also be used on the other side of the park. Be sure to check out both sides.

Park Information

Seven Bends State Park provides public access to the North Fork of the Shenandoah River and features two hand-carry boat launches, picnic areas, one single family-sized picnic shelter, vault restrooms, and 8 miles of hiking trails. The park provides water and land based outdoor recreational and educational opportunities while protecting and interpreting the spectacular scenic viewshed and geological, natural and historical resources of the storied seven bends area.

The park has two access sites. For the south site, take Exit 283 off of I-81 for Woodstock, then go east on VA-42, W. Reservoir Road. Turn right onto S. Hollingsworth Road and remain on it for 1 mile. For the north site, take Exit 283 off of I-81 for Woodstock, then go east on VA-42, W. Reservoir Road. Turn left onto S. Water Street, turn right onto Hollingsworth Road, then turn right onto on Lupton Road and remain on it for .7 mi.



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Seven Bends State Park
2111 S. Hollingsworth Rd.
Woodstock, VA 22664
Phone (800) 933-7275

Virginia State Parks

Seven Bends State Park

Geocaching



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www.virginiastateparks.gov

What is geo-caching?

Geo-caching is an outdoor treasure hunt that gets played all over the world. Using a GPS unit, the player will navigate the land in hunt of the geo-cache (container) hidden at that location.



How can I get involved?

Log on or set-up a geocache account at www.geocaching.com. From there you are able to search any zip code you would like. For example, Woodstock, Virginia's zip code is 22664. From there, click on a geocache to see its name and coordinates. Plug those coordinates into your GPS unit or your google search bar. When you find the geocache, sign the log book and return the container back where you found it.

What are the rules?

The rules are simple. If you decide to take something out of the geocache ("cache"), make sure you leave something of equal or greater value. Feel free to log your findings and pictures on the website, these might help the next person that looks for the treasure.

What will I find in a geocache?

You should find a log book and pencil. Use this to let other finders know that you have been there. People can put all kinds of things in a geocache. You may find something like a cool shell or rock. You may find stickers or a little trinket or toy. Remember, people of all ages search for geocaches so make sure what you put inside is appropriate and nothing that will attract animals, like food.



These are some of the geocaches that can be found at Seven Bends State Park

Found from the Lupton entrance:

Camp Lupton
N 38° 52.007' W 078° 29.444'

River Overlook
N 38° 52.007' W 078° 29.444'

VA Love
N 38° 52.177' W 078° 29.583'



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Found from the S. Hollingsworth entrance:

Entrance View
N 38° 51.229' W 078° 29.005'

Launch It
N 38° 51.392' W 078° 29.397'

Wild about Water
N 38° 51.342' W 078° 29.298'